



# The Sydney Cyclist

Official Newsletter of the Sydney Cycling Club  
November 2001 Edition



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## AGM

**Tuesday 13<sup>th</sup> November**

## Christmas Party

**Friday 14<sup>th</sup> December**

## *From the President's Chair*



This will be my last report as President of the Sydney Cycling Club, as many of you are aware in my day job, I am a Professor in a Graduate Management School. In 2002, as part of this job, I will have to spend up to six months in Northern Italy writing my next book; therefore I was not able to accept another year as President.

In the last month there has been a lot going on in club life. Two important events for your diary are the upcoming Annual General Meeting and the end of year awards night. Both activities are where you can contribute to the lively discussion about the shape of and future directions for the SCC.

As a Committee this year, we have strategically tried to get a balance between “ordering” members around and also trying to educate members that it is their “individual responsibility” to understand about the art of bunch riding, being a ride captain, thinking bunch safety and how to enjoy ourselves under the pressures of training and racing, all within a volunteer collective situation.

As will be reported in my detailed Presidents Report for the upcoming annual meeting, the last 12 months have witnessed a period of expansion in membership, a very strong financial performance, including a first in major sponsorship, establishment of administrative systems, the support of the Sydney Team Trek and introducing to bunch cycling a number of new converts. Achieving these activities has not been without some difficulty and the 2001 Committee has done a wonderful job.

Recently in emails a number of members expressed the current tangible and intangibles assets of the SCC. These include:

- 🚲 Financially we are stronger than ever.
- 🚲 Membership is greater than ever.
- 🚲 Participation in club training rides, touring and racing is at an all time high. Two groups are now needed on midweek rides!
- 🚲 Several very successful tours have been organised.
- 🚲 Club social events have been well attended and enjoyed.
- 🚲 We have achieved greater success in open racing than ever before, both at individual and at Team level.
- 🚲 Club races have been keenly contested.
- 🚲 The new winter and summer SCC outfit is fantastic and has sold like hot cakes.
- 🚲 We have sponsors keen to participate and continue their relationship.
- 🚲 We have a great newsletter, which is very popular and eagerly read by the members.
- 🚲 Our web site attracts visitors from around the world.
- 🚲 Club members have actively fought to save Centennial Park for cycling and also contributed to debates about riding on the roads and freeways.
- 🚲 We have an active Committee prepared to give up their valuable time and make a great contribution.
- 🚲 We have other members who are contributing in other ways, such as Cycle Centennial and coaching/skills sessions; and
- 🚲 Many of us have made new friends this year.

Please remember that all the “workers” in SCC are volunteers, the Club has advanced in leaps and bounds this year, we have made some mistakes, but in total I am very proud to be an active member of this Club. Unlike many sports, we are part of a collective where the weakest rider or lack of attention to detail can bring the bunch down. I am going to stick my neck out and say that empirically this year it has been safer to ride in a SCC bunch than ride as an individual - in the last 3 weeks, 4 members of our club have been hit by cars whilst out cycling by themselves!!! It is safer to ride in a bunch and of course a lot more fun and challenging (especially when the hammer goes down).

At the upcoming AGM, the previous 2001 Committee will provide detail reports on club activities, finances, racing and other matters. Also the members will have the opportunity to vote for a new 2002 Committee. After the formal AGM it has been suggested that an informal discussion should take place on a number of strategic issues to help guide the new committee. Please attend the night, as an incentive the club will be providing some food.

The annual awards night is always great fun (and several Mongrel ward nominee have made their mark on this night) and also we can take up to 100 in this year's venue. Tickets will be allocated on a first pay basis. At this year's event both Club racing and non-racing awards will be distributed, there will be lucky door prizes. Also the Trek Team members and a special guest will be attending.

In conclusion, it has been an honour to be President of the SCC and to have worked with a great group of committee members and hopefully you have all tasted in different ways the fruits of their efforts.

Salute.

*Doc*



*From the Secretary's Desk*

**Membership kits out soon.** Your membership renewal kit for 2002 will be posted out to you later this month. There are a few more options this year, due to NSWCF minor fee changes for the over 55's. Non-competitive affiliation has been reduced in cost. As was the case this year, the club is offering either Full racing affiliation or Non-competitive affiliation.

## What's in your kit?

- 🔗 SCC Renewal/Application.
- 🔗 NSWCF membership age categories.
- 🔗 Two insurance summaries, one for the NSWCF limited affiliation cover and also contact details for optional Bicycle NSW personal accident cover.
- 🔗 SCC waiver.
- 🔗 THREE copies of the NSWCF affiliation forms. (Yes, THREE copies).

**Full Racing affiliation** - if you want to race in Opens or Combines.

Please note that Full Racing affiliation only provides limited insurance coverage when racing in a NSWCF sanctioned events. There is no cover while training or during racing in non-sanctioned events (no SCC events are sanctioned). If you intend to race in any Open or Combined club events in 2002 you will need to choose Full Racing Affiliation.

**Non-competitive affiliation** - if you only want to join in SCC events.

Non-competitive affiliation is an inexpensive option designed for non-cyclists. As such, it does not allow temporary upgrading with a 1 or 3-day permit to race. If you wish to race in Opens or Combines such as Heffron or Homebush, rather than just in SCC events, you will need to choose Full Racing affiliation.

**!Three copies of the NSWCF form!** Last year the NSWCF posted us triplicate forms. This year they sent us a few forms and then put the forms on their website so we had to download and print them. Since we do not have self-carboning paper, you will need to either fill out the top copy and photocopy it twice or fill out all three copies. This is necessary, as one copy is returned to you, one goes to the Federation and one stays with the club.

**When are membership forms & fees due?** Membership forms and fees are due by January 1, 2002. (The Special Resolution was passed, so you have a bonus of two months this year.) Members failing to send in forms and payment by February 28, 2002 will be deemed unfinancial and lose their newsletter. Payment after this time will attract a late fee of \$25.00.

Please read the information provided to you with care, and check your forms before sending them with your cheque or money order to the club's PO Box 547 Paddington 2021. (New members will need to provide the Secretary with documented proof of age eg photocopy of driver's license).

Be careful out there,

*George*

## Tour de France Route

International cycling news of the month was the announcement of the 2002 route for the Tour de France. Reported in [cyclingnews.com](http://cyclingnews.com) "At 3282 kilometres, Le Tour 2002 is shorter than last year by 170 km, making it the shortest since 1905 (equal with the 1988 Tour). Combined with this is an interesting final week in the Alps, which will certainly liven things up, culminating with a 52.5 kilometre individual time trial from Regnie-Durette to Macon on the penultimate stage."



## Summary

- 🚲 Total distance: 3282 km
- 🚲 Average stage distance (excluding prologue): 163.8 km
- 🚲 Mountain top finishes: 5
- 🚲 Time trials: 4 (182 km total)
- 🚲 Shortest road stage: Stage 17, 141 km
- 🚲 Longest road stage: Stage 15, 226 km
- 🚲 Number of rest days: 2

## Editor's Column



Well here we are again, another month, another year, another newsletter.

This edition of your SCC newsletter marks my 36<sup>th</sup>! Yes that's right, 3 years ago I started producing this newsletter for your enjoyment and I thank you all for your words of

encouragement over the years. At the up and coming AGM I am standing for another year on the committee and hope to continue as your newsletter editor. However, if I get elected it will be my last year. So if you have any aspirations for the job, please let me know ... consider this twelve months notice!

This past month a number of SCC riders (myself included) partook in the inaugural (to my knowledge) SCC MTB ride in the Blue Mountains. Organised by Chris Hille we all had a great time and Rob Wilson has written up the [day](#) for your enjoyment. Yours truly took the photos. On the same lines although not

appearing in this month's newsletter Wayne Eastburn recently took part in a 24hr MTB event in Canberra, with his team finishing a very creditable 8<sup>th</sup>. Well done Wayne and thanks to Pete Scott for the photos.

Thanks also go to Steve Hogg and his faithful scribe Meg Croft for their report on the Patonga one-day tour.

On the club racing front Alex Simmons has been out there again waving the SCC flag and doing a great job. He's not alone though; a number of others have been racing at Heffron and taking places. Steve Hobart has also written up a general round up of club racing in his [report](#).

Last but by no means least; Greame Moffett from the Trek Team has put together a [round up](#) of the teams' achievements for 2001. They had done exceptionally well in their inaugural year and I salute you all.

'til next month (hopefully), take care on the road.

*Malcolm*

## Social News

You'd better not pout,  
You'd better not cry,  
You'd better not shout,  
I'm telling you why.  
'Cause Santa Claus is coming to town

As the festive season rolls in, SCC is offering you TWO fantastic opportunities to contribute to the club and to get the most out of it. The **AGM** is less than a week away and the **Xmas Party** only a little over a month!

We would appreciate your input at the AGM and as an added incentive to come along; the O Bar is providing us with delicious finger food after the meeting. The meeting starts at 7pm but if you can, turn up earlier, and have a drink upstairs - the room and bar are reserved just for us! Your quick response to the Excite E-mail invite that went out last week will give me a better indication of numbers - thanks to those that have already done so. Just in case, the details are as follows:

O Bar Restaurant upstairs at The Clarendon Hotel,  
156 Devonshire Street, Surry Hills  
Meeting 7pm, Finger Food - Free!

The 2001 Xmas Party on Friday 14 December is taking incredible shape – here is a taste:

1. Hundreds and hundreds of dollars in lucky door prizes.
2. Special guests
3. Alcohol included in the price; including the new feature of pre-dinner drinks in an outdoor area exclusive to SCC
4. Fantastic 3 course Xmas menu (with vegetarian options) And all this is just around the corner at The Fox and Lion, Fox Studios, Moore Park. So you just have to be there! Look out for the E-mail invite with specific details really soon. Be warned - places are limited and closing date for cheques (mailed to me) is Friday 7 December.

### AGM

Tuesday 13 November  
O Bar upstairs at The Clarendon Hotel  
156 Devonshire Street  
Surry Hills  
FREE  
7pm

### Christmas Party

Friday 14 December  
Fox and Lion  
1 Bent Street  
Fox Studios  
Moore Park  
More details soon!

Get out there (so you can have the extra slice of Xmas pudding)

*Sam*



# Trek Team 2001 Year Review

*By Graeme Moffett*



Well what a year it has been. The inaugural year of the Trek / SCC racing team has been incredibly successful, with all riders contributing to the overall success of the team. Throughout the year team riders have competed at all major National Series races, from the Tour of Perth through to the Mt Isa challenge, providing exposure for both Trek and SCC. Team Members who belong to SCC have been encouraged by the response to the Team by other club members and are very much looking for the 2002 season and an increased involvement with the club.

The major results of the team are listed here and it is evident by the extent of results that Trek / SCC riders have been very consistent throughout the year. The aim for the 2002 season is to take the team to the next level and to attain even better results.

## Major Results 2001:

- ♣ 1st Overall Mt Isa Berkley Challenge (Kevin Poulton)
- ♣ 1st Stage 4 - Mt Isa Berkley Challenge (Kevin Poulton)
- ♣ 1st Gunnedah CC "Keegan Downs" Memorial Handicap (Brian Appleyard)
- ♣ 1st Gunnedah to Tamworth Road Race (Brian Appleyard)
- ♣ 1st Rosemount Winery Open (Matthew Smithson)
- ♣ Fastest Time Ken Dinnerville H'Cap (Jono McCormack)
- ♣ 2nd Penrith Panthers Road Race (Anthony Challinor)
- ♣ 2nd Fastest Wagga – Sid Demery Memorial (Brian Appleyard)
- ♣ 2nd & 2nd Fastest Wagga to Albury (Brian Appleyard)
- ♣ 2nd Overall Mt Isa Berkley Challenge (Anthony Challinor)
- ♣ 2nd Stage 3 - Mt Isa Berkley Challenge (Kevin Poulton)
- ♣ 2nd Stage 4 - Mt Isa Berkley Challenge (Nash Kent)
- ♣ 2nd Sutherland Criterium (Brian Appleyard)
- ♣ 2nd Eurobodalla Road Race (Mat Smithson)
- ♣ 2nd Fastest Eurobodalla H'Cap (Brian Appleyard)
- ♣ 3rd Eurobodalla Criterium (Brian Appleyard)
- ♣ 3rd Muswellbrook Road Race (Kevin Poulton)
- ♣ 3rd NSW Criterium Championships (Nash Kent)
- ♣ 4th Stage 1 - Mt Isa Berkley Challenge (Anthony Challinor)
- ♣ 4th Penrith Panthers Road Race (Kevin Poulton)

All races listed are either NSW state A grade or national series races.



The key to the success of the team has been the ability of all members to gel as a team and work together for a common goal. With riders of varying abilities and styles the team has been able to perform on all types of courses and terrain.

Without a doubt the highlight of the year was the GC and teams wins at the Mt Isa Challenge in central Queensland. This was one of those occasions when all riders performed to the best of their ability and worked for the common goal. With the strong Caravello team, also from NSW, and the Merida team of Queensland working to nullify the Trek/SCC team advantage, strong team tactics lead to a superb overall and team win. Team racing and tactics is the exciting part of our sport and to see the development of team racing in Australia is a great to see.

December will see three of the 2002 roster, Graeme, Brian and new rider Danny Rutherford competing in the Perth Criterium series. The team leader for the 4-race event will be Graeme Brown, former Trek sponsored athlete who recently signed for Italian Div.2 team Panaria. The event receives huge coverage in the local media and should be a great success. Wish us luck.

With some rider changes for the 2002 season the year promises to be just as successful. The team would like to thank James Guthrie for all his help during the year.

Looking forward to 2002

*Graeme*

Just a quick note: If you're after a great Cycling strategy game check out [cycling-manager.com](http://cycling-manager.com). This is a sensational real life cycling strategy game which you can download a free demo version.





## Tour Secretary's Report

October was the month for doing something a bit different and saw the re-emergence of the Patonga ride and the introduction of the Narrow Neck mountain bike ride.

Steve Hogg and Paul Kelly were brilliant as Ride Captains on the Patonga ride taking turns at being at either the front or rear of the bunch. It was a great ride and Steve has written up a humorous account of the day that doesn't by any means dwell on the details of the actual ride!

The Narrow Neck ride sounds like it was great fun and may well be the start of something new for club members to get into. Rob Wilson has written up a [report](#) of the day that you can check out elsewhere in the newsletter. Chris is keen to organize more MTB rides – and has already planned the next one for Sunday 25 November (the Oaks Fire Trail). See the details below. Chris is also planning a Saturday morning session some time soon which is to be held somewhere locally. It will be an introductory session for anyone who hasn't ridden off road yet, or of little experience so stay tuned for details.

Well this is my last report as Tour Secretary. There has been a great turn out for all of the rides this year. I think I can say I haven't ever got the distances correct for any ride - although I do believe most of you are thankful for that extra 40 km you rode to get to Wyong. I'd like to say a big thank you to everyone who has helped me organize a Tour, been a Ride Captain, worked out a ride route or come on a tour or day ride. I think it shows that there are a lot of people who are keen to do new or different rides. There are loads more new and old rides that people have said they would like to see on the club calendar and have offered to help organize them. The touring calendar looks like it will be a busy one next year. All the best to the new Tour Secretary I hope they have as much fun and cover as many kilometres as I have!

### The Oaks Fire Trail - Sunday 25 November 2001

<b>Ride Captain:</b>	<a href="#">Christopher Hille</a>
<b>From:</b>	Woodford
<b>To:</b>	Glenbrook
<b>Via:</b>	The Oaks Fire Trail
<b>Length:</b>	31-59 km depending on options
<b>Time:</b>	1 easy day
<b>Ride/Track Grade:</b>	3/4-5
<b>Height Variation:</b>	444 m
<b>Transport:</b>	Rail (Blue Mountains Line)
<b>Facilities:</b>	Shops at Glenbrook and visitors centre at park entrance (Bruce Road)
<b>Meeting Point:</b>	Central Station Elizabeth Street entrance 6:15am sharp

*This tour is one of the all time great rides, and would have to rank as the fastest fire trail this side of Repack. allows the perfect opportunity to exploit height differentials in catching the train to Woodford (607 m) and descending down to Glenbrook (163m). The entire second half of this journey requires no pedalling at all. In this section, speeds well in excess of 40 kph are possible without sacrificing too much in safety due to the good condition of the track and the straight, gradual downhill slope.*

Source: 'CYCLING THE BUSH: 100 Rides In New South Wales' by Sven Klinge, 2nd Ed, Hill of Content Publishing.

#### Program

06:33am	Train departs Central
08:02am	Train arrives Woodford
08:03 to 11:15am	Ride Oaks Fire Trail from Woodford to Glenbrook
11:16am	Train departs Glenbrook
12:23pm	Train arrives Central

In the event of track works, an alternate ride will be staged to Loftus or Waterfall.

*Meg*

## Important Diary Dates

This is just a reminder of a couple of important SCC events coming up:

- 🚲 **Annual General Meeting** – Tuesday 13<sup>th</sup> November at 7:30pm. Upstairs at the Clarendon Hotel, Devonshire St, Surrey Hills
- 🚲 **Annual Christmas Dinner** – Friday 14<sup>th</sup> December at 7pm. Fox & Lion Hotel, Fox Studios, Moore Park. Pre-dinner drinks downstairs then it's upstairs to a private function room for a 3-course Christmas menu.

# Patonga Tour Report

By Steve Hogg

A group of 14 left the Park for the inaugural Tour de Patonga to be joined by another 5 of the SCC Northern Division at North Sydney. I don't get out on Club rides as much as I would like and some of the riding styles were unfamiliar to me. The first of these to catch my eye was Karl (my other bike is a Ducati) Bellamy plummeting down the Spit Hill at 75 kph plus on his aero bars in a 50 kph crosswind!

After reaching Palm Beach there was time for a café stop. Here Norman Rydge surprised us all by NOT having his usual burger with the works and cigarette. Instead he opted for a clean living option of a coffee and two nicotine patches.

The ferry crossing to Patonga is about 30 minutes and most of us took in the view from upper deck. We are lucky to live in a city where scenery like this is only an hour from the CBD. Once disembarked at Patonga, Alan Lumb performed his well-known Japanese tourist impersonation while photographing the group of 14 who had continued (5 had turned back at Palm Beach). While 13 of us were saying, "cheese" Karl (I'm only fast on downhills) Bellamy felt a greater need to get a 5 minute head start than be photogenic. He was still caught before the top.

The Patonga climb is a 4.5 km mix of steep sections with enough false flats to recover before the next steep section. A lyrebird joined us briefly on the lower part. After the summit there is a long descent past Pearl Beach into Umina with sweeping views on all sides. It was here that I noted the unique bum up, head down with teeth clenched around the handlebar style of descending as practiced by Breeda Kelly.

After meandering around Umina we turned off around Woy Woy Bay for the 6 km climb up to Kariong. This is steep in the lower section then undulating uphill afterwards. It was here that Tony Johnson, Paul Davies and Meg Croft displayed their climbing legs. At the rear Paul Kelly practiced his motivational skills on Tom Klemola and Andrew Price with such success that they were only a few minutes behind at the Kariong service station stop. After a brief respite we turned onto the Old Pacific Highway.

Part way up the Mooney Mooney climb we pulled over to watch the Hornsby to Swansea Road Race travel past in the other direction. For the rest of the climb I was the human broom trying to cajole the back markers up the hill. Alan Lumb by this time was struggling, "I'm just having a bad day, that's all" he kept repeating.

He was perspiring profusely; turning a fetching colour of green and his stomach seemed distended, more about this later, much much more. Lumbie and I lost a lot of time from Mt White to Brooklyn. As Lumbie and I started the 5 km climb to Pie-in-the-Sky he begged me to go ahead and asked everyone to wait for him. Eventually, we were going so slow that my knee was hurting so I headed for a pie. Towards the top I saw Breeda and Karl ahead.

Alan arrived and seemed revived by the break and his camera was soon out. We cruised to Hornsby with Al at a distance behind. There we split into 3 groups to better handle the traffic and headed for the Bridge rendezvous. I stayed back with Norman, Tom, Karl and Alan. At Killara, Alan said he desperately needed a pit stop. I suggested we wait for the next servo on our side of the road. Every time we passed a service station on the other side Alan protested at how cruel I was. Eventually we found one without a toilet. Lumbie complained bitterly about this – I suggested he find a quiet spot around the back and pee up against the fence. His reply was that he needed a No. 2 and had done for 30 km, that he had his cheeks clamped together for so long that they were cramping and to get out of his way as he was a desperate man. Whereupon he jumped onto his bike and towed us 500 metres to the next servo. There he threw his bike into the fore court and sprinted for the loo.

The vigil then began for the other four, 5 minutes, 10 minutes, 15 minutes passed. During this time two motorists tried to use the facilities. It was hilarious to watch them get to 2 metres from the door then buckle at the knees, clutch at their throats and scurry back to their cars.

Eventually Lumbie emerged, saying that he felt much better for the experience and in an effort to show how sensitive he is, he remarked that now he knew what childbirth felt like.

Karl dived in as Al came out and when questioned on how he coped suggested that the first 5 seconds were bad but after that, all he could smell was his nasal hair smouldering.

The others had kindly waited for us at the Bridge. The trip across was interesting with the westerly blowing so hard that even big Walter had a few moments. We arrived at the Park around 3 pm and happy to be there after 160 km.

Thanks to all who came, great ride. We should do it again next year. And Alan Lumb; please come next year. We need the entertainment.

# Narrow Neck MTB Report

By Rob Wilson

Not even Cityrail can spoil a good day out on the bike. They did their best though to spoil SCCs' first tentative mountain bike expedition on October 21.

Chris Hille, Malcolm Wade, Marguerite Young, Andrew Price, Tanya and Eddy Bosch, John Slater and Robert Wilson turned up at Central ready to catch the 7:30 Sunday express to Katoomba, except there was no train. Cityrail had heard we were planning on enjoying ourselves and had pulled out all stops to organise some track work on the Blue Mountains line.

Instead we caught a slow train to Penrith and from there an all-stops to Katoomba. At every stop more mountain bikers would get on - tour groups, clubs, teenage down hillers and day-trippers of all ages. Mountain biking is a big scene west of Parramatta.

The narrow neck ride is as the guidebook says mostly flat. But that equivocal phrase hides some short and very sharp climbs. Bunch riding is pointless and dangerous on mountain bikes so we spread out with Eddy setting a fierce pace up the front. Marguerite had a plane to catch to New Zealand that evening so due to our late start she chose to bail at about half distance, briefly commune with nature (she found a rock with a 360 degree view) and then head back to the station. As it happened she got back to Katoomba at the same time as fast Eddy.



Even the Granny gear wasn't low enough for Tanya on this one!



Re-fuel time in Katoomba

The rest found some of the track surfaces challenging. Large loose rocks are not a feature of Sydney's roads - yet. The only spill of the day was Malcolm's and it was a good one. Remounting after a climb he stood on the pedals, spun the rear wheel in a sort of human-powered burnout - and fell over. *[Ed. I feel the need to point out I might have been the first to fall; but I was not the only one on the day. I should also point out in my defence that I was still working on the illusion that using Look cleats was an acceptable MTB practice for a roadie as was standing up whilst climbing. The fall has changed my view on this!]*

But we all made it to Tarro's Ladders and the heart-swelling views of the Wild Dog mountains and Burragorang wilderness. (Eddy once lowered his bike down the cliff face here on parachute cord as part of a multi-day epic ride). An hour and a bit later, and amazingly no punctures, we were back in Katoomba drinking and talking the bullshit of the righteous. It was a good day.

## SCC Race Reports

By Alex Simmons

### More SCC Racing Success

SCC riders continued the Club's excellent results this Road season at Five Dock last Sunday (Round 2 of the Lidcombe-Auburn Inner West Series). There were 5 SCC participants:

- 🚲 In the Womens' Handicap Crit, Beth Bowen and Julie Howard showed their stuff. Beth placed overall and won her grade, finishing on the podium alongside Natalie Bates. Julie unfortunately crashed in final stages (bike and rider both OK).
- 🚲 Mens Div 3: Stan took the sprint prime and had a dig at the end but was swamped by the bunch on the final lap.
- 🚲 Mens Div 4: Vaughan Wickam and Alex Simmons lined up in a field dominated by Lidcombe-Auburn riders. Alex managed to win the race even though he was given a fairly tough examination by the L-A boys, who all took turns to attack. Alex however had enough firepower in the end and won easily breaking away with 400 metres to go with another L-A rider and winning the sprint comfortably. Vaughan also played his part and did well by hanging in through to the end, making a few calls about attacks and taking up the pace for a lap towards the end of the race.

Alex



The results of just one bad corner!



# Race Secretary's Report

Another busy week for the club during September saw the following results in SCC races:

**Long Course Time Trial – 6<sup>th</sup> October.** Unfortunately, on what was quite a lovely morning, we only had 10 starters. Congratulations to Stan with the fastest time & a PB, to Paul Kelly who came in second & shaved over a minute off his PB, & to Richard Kerr who beat his PB by 40 secs. The new bike has obviously given Richard some encouragement & speed.

**Criterium Series 2001** – The final race was run on the 13<sup>th</sup> of October & won by Dan O'Callaghan, from Paul Davies & Con Roubis. With Steve Hogg absent interstate, Alex had to finish 6<sup>th</sup> or better to knock the series trophy out of Steve's hands. Alex finished 4<sup>th</sup> but in somewhat controversial circumstances courtesy of a lap miscount courtesy of yours truly. Alex & the scratch bunch were able to catch the front groups on the 11<sup>th</sup> lap of a 10 lap race. As a result of this bungle, I have decided to announce both Alex & Steve as joint criterium series winners for 2001 irrespective of points, & cop whatever flak may ensue.

**Hill Climb Championship – 20<sup>th</sup> October.** Again, the turn-out for the Hill Climb trophy event was a little disappointing with 17 starters. Congratulations to Jochen Schroeder, John Kearney & Dan O'Callaghan with the fastest times in A, B & C grades respectively.

## Randwick Botany Criterium (Open)

See Alex's race report elsewhere in the newsletter

Congratulations to two of our newer ladies – Beth Bowen finished 2<sup>nd</sup> & Julie Howard finished 4<sup>th</sup>. Great to see new riders taking up the challenge at Open level

## Concord Criterium (Race 2 of Lidcombe-Auburn CC Series)

Alex Simmons – 1<sup>st</sup> place (again) in Division 4

Stan Genakis – Sprint Prime in Division 3

## Randwick Botany CC Criteriums. From the Randwick Botany CC web site:

27<sup>th</sup> October – Dan O'Callaghan 1<sup>st</sup> in D grade

27<sup>th</sup> October – Andrew Hudson 2<sup>nd</sup> in C grade

27<sup>th</sup> October – Stan Genakis 3<sup>rd</sup> in A/B grade handicap

6<sup>th</sup> October – Stan Genakis 4<sup>th</sup> in combined A/B grade

*Steve*

## SCC Contact List

<u>Position</u>	<u>Who</u>	<u>Phone</u>	<u>E-mail</u>
<b>President:</b>	James Guthrie	9357 6993 (h) 0402 153 453 (m)	<a href="mailto:James.Guthrie@mq.edu.au">James.Guthrie@mq.edu.au</a>
<b>Club Patron:</b>	Phil Liggett		
<b>Secretary:</b>	George Schneller	9319 2899 (w) 0418 581 951 (m)	<a href="mailto:FlashFrames@bigpond.com">FlashFrames@bigpond.com</a>
<b>Treasurer:</b>	Suzanne Lyndon	9742 6242 (h) 0412 355 455 (m)	<a href="mailto:Suzanne.Lyndon@chapeast.com.au">Suzanne.Lyndon@chapeast.com.au</a>
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<b>Newsletter</b>	Next Deadline: <b>3<sup>rd</sup> December, 2001.</b> Please submit articles to Newsletter Editor via e-mail or		
<b>Submission Details:</b>	post to <b>108 Rothschild Ave, Rosebery, NSW, 2018</b> or <b>Club PO Box.</b>		

## Club Calendar

Day	Time	Venue	Comments
10 <sup>th</sup> Nov.	06:50	Ocean St. Gates	Ext. TT – FMM (8/7/.../1) Handlers: Mike Larkin & John Kearney
13 <sup>th</sup> Nov.	19:30	Clarendon Hotel, Surrey Hills	SCC Annual General Meeting
18 <sup>th</sup> Nov.	08:00	North Sydney to Parramatta Park	Annual RTA Cycle Sydney. <a href="http://www.bicyclensw.org.au/cycsyd.php">http://www.bicyclensw.org.au/cycsyd.php</a>
24 <sup>th</sup> Nov.	07:15	TBA	Kilo – FMM (8/7/.../1) Handlers: TBA
25 <sup>th</sup> Nov.	06:15	Blue Mountains	The Oaks Fire Trail MTB ride (Woodford to Glenbrook).
14 <sup>th</sup> Dec.	19:00	Fox & Lion Hotel, Fox Studios	SCC Christmas Function
<b>2002</b> 6-14 <sup>th</sup> Apr.		Manilla to Walcha	RTA Bicycle NSW Bike Bike Ride <a href="http://www.bicyclensw.org.au/bigride.php">http://www.bicyclensw.org.au/bigride.php</a>
11 <sup>th</sup> May to 2 <sup>nd</sup> Jun.	-	Italy	Giro d'Italia, <a href="http://www.cyclingnews.com/results/2001/giro01/">http://www.cyclingnews.com/results/2001/giro01/</a>
6-28 <sup>th</sup> Jul.	-	France	Tour de France, <a href="http://www.letour.fr/">http://www.letour.fr/</a> and <a href="http://www.cyclingnews.com/results/2001/tour01/">http://www.cyclingnews.com/results/2001/tour01/</a>
7-29 <sup>th</sup> Sep.	-	Spain	Vuelta a España, <a href="http://www.cyclingnews.com/results/2001/vuelta01/">http://www.cyclingnews.com/results/2001/vuelta01/</a>
<b>Regular Rides</b>			
Tuesday	06:00	Cannons	Watsons Bay hills ride, approx. 25km. Eastern suburbs hills and in-between flat bits. Faster riders wait up at the top of Military Rd. for new kids/the hill-challenged. Back at approx. 7am to Bar Coluzzi ( <i>café</i> ) in Bondi Junction.
Wednesday	06:00	Cannons	Coaching session focusing on developing rider fitness and general riding skills. Popular change is one lap of the Olympic road course.
Thursday	06:00	Cannons	Foreshore Road/La Perouse, approx. 35km. Fast clip [35-40ish] with three even faster [40-55km] intervals, back in the park at 7ish. We wait up for training enthusiasts but not quite as religiously as Tuesday.
Saturday	06:30	Cannons	La Perouse ride, 45km. Two bunches leave the park rolling easily until Foreshore, then the first bunch picks up the pace at La Perouse for the run home via Maroubra Beach with a paceline developing along Anzac Parade. Second bunch does the same route at a slightly slower pace with an emphasis on bunch riding. All round off back in the park for coffee about 8.20am  or Regular Time Trials, Criteriums or Road Races as per published calendar in latest newsletter. At the conclusion of TT's all members are invited to attend a bunch training skill session, starting at 07:45 at the Cannons.
Sunday	06:30	Cannons	Waterfall ride, 90km+. Medium to hard ride, out at 28-35km, some turn round at Sutherland (60km). At Waterfall, smaller groups sometimes go on to Stanwell Tops (120km) or back through the Royal National Park (110km). Main bunch U-turns, pacelines back to Sutherland, collects the stragglers, then a fast ride back to the park for breakfast.  or a more medium paced ride, medium/average fitness level. Same route as above or maybe Short or Long Cronulla (60-70km), Kurnell or Cape Solander (70-80km) or maybe even Sutherland, then back via Como and Hurstville (70km). All rides finish back in the park for breakfast (approx 9:30).
First Sunday of the Month	06:30	Cannons	Club Jersey Ride. 100km+. Typically combined group goes north to Church Point, where the faster or more keen riders split off heading for Akuna Bay with the rest of the bunch going straight to Terry Hills for coffee at the Bonds Nursery. All then regroup for the ride back.

All rides leave from the appropriate venue in Centennial Park unless otherwise specified. For club events, please ensure that you either turn up to handle when rostered or find a replacement. Dates for the NSWCF Open races are subject to confirmation.

The Sydney Cycling Club does not take responsibility for the conduct or safety of the training rides detailed on this program. Training can be dangerous and you do so at your own risk.

Legend: SC TT= Short Course Time Trial  
LC TT= Long Course Time Trial  
Ext TT= Extended Course Time Trial  
FMM = Frank Murray Memorial Trophy

Note: 6 points will be awarded for handling once in a season.  
1 point will be awarded for riding and finishing the event.  
Penalties for Drafting or Breaking in TT's will be 30secs.  
Race Sec's decision's are final. No correspondence entered into.

# SCC Event Results

## Long Course TT, Centennial Park, 6<sup>th</sup> October, 2001

Name	Grade	Time	Place Overall	Place in Grade	Points	PB / Margin
Stan Genakis	A	14:40.93	1	1	8	PB – 4 secs
Paul Kelly	A	15:15.77	2	2	7	PB – 1min 5 secs
Paul Davies	A	15:21.20	3	3	6	
Tom Klemola	A	15:41.70	4	4	5	
Richard Kerr	C	16:13.70	5	1	8	PB – 40 secs
Tony Johnson	B	16:14.83	6	1	8	
Stuart Davis	B	16:17.14	7	2	7	PB – 1 <sup>st</sup> time
John Kearney	B	16:34.87	8	3	6	PB – 1 <sup>st</sup> time
Meg Croft	C	17:09.96	9	2	7	
Steve McMillan	C	18:13.20	10	3	6	
Malcolm Wade	C		Handler		6	

## Criterion Round 6, Heffron Park, 13<sup>th</sup> October, 2001

Name	Start Time	Place Overall	Series Points	Grade	Place in Grade	C'ship Points
Dan O'Callaghan	2:45	1	10	C	1	8
Paul Davies	0:30	2	9	A	1	8
Con Roubis	2:45	3	8	C	2	7
Alex Simmons	0:00	4	7	A	2	7
Paul Kelly	0:00	5	6	A	3	6
Tom Klemola	1:15	6	5	A	4	5
Jonathon Lewis	1:15	7	4	A	5	4
Simon Kenny	0:30	8	3	B	1	8
Meg Croft	2:45	9	2	C	3	6
Steve McMillan	2:45	10	1	C	4	5
Tony Johnson	1:15	11	1	B	2	7
Andrew Hudson	0:30	11	1	B	3	6
Bruce Field	2:45	13	1	C	5	4
Derek Hemsworth		Handler				6

## Hill Climb, Mosman, 20<sup>th</sup> October, 2001

Name	Grade	Time	Place Overall	Place in Grade	Points
Jochen Schroeder	A	2:45.19	1	1	8
Stan Genakis	A	2:53.69	2	2	7
Eddie Bosch	A	2:56.91	3	3	6
Paul Kelly	A	3:03.25	4	4	5
John Kearney	B	3:05.85	5	1	8
Richard Dodds	B	3:07.25	6	2	7
Andrew Hudson	B	3:09.07	7	3	6
Paul Davies	A	3:12.37	8	5	4
Dan O'Callaghan	C	3:14.31	9	1	8
Stuart Davis	B	3:15.22	10	4	5
Richard Kerr	C	3:18.40	11	2	7
Tony Johnson	B	3:19.34	12	5	4
Mike Avakian	B	3:20.07	13	6	3
Tom Klemola	A	3:24.85	14	6	3
Julie Avakian	C	3:36.41	15	3	6
Steve McMillan	C	3:39.27	16	4	5
Meg Croft	C	3:40.97	17	5	4
Walter Rolli	Handler				

# Clarence St. Cyclery

## THE ULTIMATE BIKE SHOP

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## 2001 Progressive Point Score

Date Event Name	3-Feb 1 Lap	10-Feb SC TT	24-Feb LC TT	10-Mar Ext TT	1-Apr Hilltop Rd 1	28-Apr 1 Lap	26-May SC TT	9-Jun LC TT	23-Jun Crit Rd 1	21-Jul Crit Rd2	4-Aug 1 Lap FMM	11-Aug Crit Rd3	8-Sep SCTT FMM	29-Sep Crit Rd5	6-Oct LCTT FMM	13-Oct Crit Rd6	20-Oct Hill Climb FMM	25-Aug 1 Lap** FMM	FMM Total	TOTAL C'SHIP
<b>A Grade</b>																				
Phil McKnight	6	8	7	6	6	5	8	6			7	7	6						13	72
Tom Klemola	3	6	4	5	1	6	5	6	1	1	5	1	3	8	5	5	3	2	18	68
Stan Genakis	7	7	5			7		6				6	8	7	8		7	7	30	68
Paul Kelly		5	6	3	5	1	4		6	3	3		4	5	7	6	5	3	22	63
Paul Davies	1	3	6			2	1	7	2	4		3	2	3	6	8	4	1	13	52
Pete Scott			3	7			7	8	4		6	8							6	43
Alex Simmons		1			2	4		5	7	8		2		4		7		5	5	40
Dave Clarence	5	6	6	8			3						5						5	33
Peter Montford	1		2	1		6	6			7	8							8	16	31
Steve Hogg						1			8	6	4	5		6					4	30
Paul Rigby		1	8		7	8												6	6	24
Leigh Ringrose	1	2	1	2	1	1			3	2		4	7						7	24
Eddie Bosch	6		1		4	1				1	2			2			6		8	23
Frank Milner	1	1	1		6	1			1	5	2	1	1					1	4	20
Jochen Schroeder					8	3											8			19
Dave McAlpin	4	1			3				5	1								1	1	14
Jonathon Lewis	2		1	4		1										4				12
John Arkwright	8																			8
Wayne Eastburn					1		6		1									4	4	8
Derek Hemsworth											1					6				7
Dave Pye		4					2													6
Simon Pardey			1								1									2
<b>B Grade</b>																				
Tony Johnson	2	5	7	8	4	6	8	8		7	5	4			8	7	4		17	83
Andrew Hudson					6				8	8		8		8		6	6		6	50
Rob Hood		4	8	7	1	8	7		7		6								6	48
Simon Kenny					8	7					7			6		8			7	36
John Kearney					5	2	5							5	6		8		14	31
Doc Guthrie	4	8		6	1						4								4	23
Mike Avakian					7		6					7					3		3	23
Stuart Davis											8				7		5		20	20
John Rutherford	7	6	4		1															18
George Schneller		2	3	5	1						6								6	17
Kelvin Haisman	5	3	1		3	4														16
Mike Larkin	8					5						3								16
Carl Horn	3		5		1						6								6	15
Sam Reuben					2				6					7				7	7	15
Monique Batterham	6	6	1																	13
Shane Maundrell		7	6																	13
Craig Warner	1	1	1			3				6								6	6	12
Ken Lord												6		4						10
Alan Lumb	1	1	1	6																9
Ann Clarence	6		2																	8
Richard Dodds																	7		7	7
Roy Keyes					1	6														7
Vaughan Wickham					1							5						8	8	6
Andrew Price									6											6

Mark Meltzer							4													4
Sally Thompson											3								3	3
Walter Rolli		1																		1
<b>C Grade</b>																				
Richard Kerr	7	8	6	7	5	7	5	8	6		8	1	6	8	8		7		29	97
Meg Croft	6	7	7	8		6	8	7	6		6	3	8	6	7	6	4	7	32	95
Steve McMillan	2	1	4	6	7	1	2	5	6	7	5	2	6	7	6	5	5	3	25	77
Tanya Bosch	8	6	8		6	3	4		5	8	7	6						8	15	61
Malcolm Wade	4	4	3			5	7	6	8			8	7		6			6	13	58
Heydon Miller	5	6	5	5		4														25
Bruce Field	1	1		3		2	6		1	5	1					4		1	2	24
Julie Avakian					8		6					4					6	5	11	24
Kate Rowe				6			3				4	7						4	4	20
Dan O'Callaghan									7							8	8		8	23
Steve Youngman	1	1	1	2		8														13
Julie Howard	1	2				1			3		3	1						1	4	11
Anneliese Aarts									4			1		6						11
Tim Youngman	1	1	1	4		1														8
Dave Bullock	1					6														7
Con Roubis																7				7
Hiroyuko Toyozumi					6															6
Paul Montesin							6													6
Beth Bowen											1	5						2	3	6
Breda Kelly	3										2								2	5
Pino D'aguianno		5																		5
Ross Theo							1		2		1								1	4
John Slater		3																		3
Glen Butterworth	1		2																	3
Ian Cranston	1																			1
Anna Murray							1													1
Margeurite Young											1								1	1
Kevin Crowie																		1	1	0
<b>Women</b>																				
Meg Croft	6	7	7	8		6	8	7		6	6	3	8	6	7	6	4	7		95
Tanya Bosch	8	6	8		6	3	4		5	8	7	6						8		61
Julie Avakian					8		6					4					6	5		24
Kate Rowe				6			3				4	7						4		20
Monique Batterham	6	6	1																	13
Julie Howard	1	2				1			3		3	1						1		11
Anneliese Aarts									4			1		6						11
Anne Clarence	6		2																	8
Beth Bowen											1	5						2		6
Breda Kelly	3										2									5
Sally Thompson											3									3
Anna Murray							1													1
Margeurite Young											1									1

Please report all inaccuracies to the Race Secretary.

\*\* This event does not contribute towards Annual Championship